CLENDON PARK SCHOOL





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TERM 1 WEEK 6

PRINCIPAL'S MESSAGE

School Lunches

Despite what you might have seen in the media, we have had no issues with our school lunches. Our students are really enjoying receiving these daily lunches which are mostly hot lunches. We have very little waste compared to previous years and our lunches have always arrived on time.

How to prepare your child for homework:

Let your child relax after school

Children need time to relax after school, just as adults do after work. Your child may also be hungry. Offer them an afternoon snack, a drink, and let them tell you about their day. If your child is in after school care, give them time to unwind when they first arrive home.

Ask your child about their homework

Find out what your child needs to do for homework and when it needs to be completed. It might involve tasks such as using a ruler, counting or sorting things, learning spelling words, writing sentences, working on a project or doing mathematics problems. Your child may have some homework free days if they complete all their homework tasks early in the week.

Set a time for doing homework

Set a regular time for homework that fits with your family's schedule. You may need to fit it in around your work and your child's other commitments such as sport, clubs, music or art lessons. However, remember that it is important to get into a good study routine, and homework should have a high priority.

A good time for doing homework is immediately after children have had time to relax, but before they are allowed to play or watch television. If other children come around to play, ask them to come back when your child has finished their homework. Remind your child of the ground rules, for example, "When your homework is done you can play or watch television."

BITE L.A.B. LUNCH MENU TERM 1 HOTLUNCH HOTLUNCH HOTLUNCH HOTLUNCH

WEEK 1 MENU

WEEK 2 **MENU**

STANDARD	Beef Rissole w/ Cheesy Mash Polatoes, Mixed Vegetables & Gravy	Braised Chicken Pasta w/ Tomato Gravy & Cheese	Roast Chicken Drumstick wi Roast Potatoes, Mixed Veges & Gravy	Chicken Korma w/ Basmati Rice & Diced Carrots	Chicken Salad Sandwich w/ Burger Sauce Pineapple Chunks Chocolate Banana Muffin
VECETARIAN	HOT LUNCH Mild Mapo Tofu wi Steamed Rice & Bok Choy	HOT LUNCH Pasta Arrabbiata w/ Plant Mince, Spinach & Cheese	HOT LUNCH Vegelarian Sausage w/ Roast Potatoes, Mixed Veges & Gravy	HOTLUNCH Totu Korma wi Basmati Rice & Diced Carrots	Plant Chick'n Salad Sandwich w/ Burger Sauce Pineapple Chunks Chocolate Banana Muffin
	HOT LUNCH Beef Meatball Pasta w/ Cheesy Tomato Sauce	HOT LUNCH Cheesy Beef Shepherd's Pie	HOT LUNCH Huli Roast Pork w/ Steamed Rice & Broccoli	HOT LUNCH Cheesy Beef Lasagne	HOT LUNCH Butter Chicken Drumsticks w/ Rice
	HOT LUNCH Plant Meatball Pasta w/ Tomato Sauce	HOT LUNCH Vegetarian Shepherd's Pie w/ Sweet Potato Mash	HOT LUNCH Sesame Glazed Tofu w/ Steamed Rice & Broccoli	HOT LUNCH Cheesy Lentil Lasagne	HOT LUNCH Butter Tofu Curry w/ Rice
-	HOTLUNCH	HOTLUNCH	HOTLUNCH	HOTLUNCH	HOTHINGH

BELL TIMES

8:55am	School starts
10:55-11:15	Interval
12:45-12:55	Lunch eating
12:55-1:45	Lunch playtime
3:00pm	End of day

IMPORTANT DATES FOR TERM 1

Week 7	
11.03.25	Counties Tag
12.03.25	IZ Boys Softball
12.03.25	MPSSA Cricket
13.03.25	IZ Girls Softball
14.02.25	Counties Swimming
14.02.25	Crazy Hair Day
Week 8	
17.03.25	CCSA Cricket
19.03.25	MPSSA Rippa Rugby
21.03.25	Manulua Cake Stall
Week 9	
25.03.25	Counties Cricket
26.03.25	MPSSA Rippa Rugby

Class Attendance Week 6

Class	% Periods Attended
Room 01	95.05%
Room 25 Tui	94.58%
Room 20 Kahu	94.20%
Room 18	93%
Room 06	92.94%
Room Tipu	90.40%
Room 14	90.09%
Room 08	89.55%
Room 02	89.43%
Room Maki	89.23%
Room 21 Pukeko	89.14%
Room Whai	89.10%
Room 10	89.03%
Room 29	88.99%
Room 13	87.99%
Room 09	87.96%
Room 04	87.36%
Room 11	86.83%
Room 16	86.82%
Room 05	86.69%
Room 07	86.63%
Room 23 Kokako	86.04%
Room 26 Ekaranui	85.65%
Room 24 Kiwi	85.52%
Room 19	85.29%
Room Wheke	84.87%
Room Mahuri	84.78%
Room Kakano	84.49%
Room 22 Kotuku	80.96%
Room 12	80.44%
Room 03	79.21%
Room 27 Huia	74.78%





TWAYEAR '8' CAMP

Whakatane Trip 18/02/25

As soon as I stood foot in the van, a quick rush of excitement went down my veins. Just from standing there I could tell the trip was going to be fun. As I predicted, the ride was long and tiring. So tiring that most of the kids fell asleep a couple minutes in. We stopped at a few places to stretch but we eventually got to the Holiday Park. We were greeted with our cabins we would be staying in, alongside with a trampoline in sight. My first highlight was the pool. The pool felt luxurious when hopping in, and the water was crystal clear.

Best part about the pool was using the pools healing powers to soothe my body after a long, tiring day under the boiling hot sun.

We were being cooked alive! It was agonizing!

Another highlight was waka ama. waka ama was honestly a fun experience to enjoy with my mates. I remember a few things about my waka ama experience such as speeding down the lake with the horizon in the far distance.



Wrestling and Boxing Program

This program has been developed for children to enhance their physical activities and personal development.

It achieves this outcome by allowing the children the opportunity and space to learn new skills, build confidence, and social skills which can expand their potential learning. The children are taken to the Gym to be trained by professionals to achieve their goals.

They are taught wrestling activities (Exercises) that support safe wrestling and boxing practises. Running to warm up, rolling forward to the wall, and walking backwards on your hands.

The children are learning from the coaches, to roll their bodies, learning to walk backwards on the hands and feet, stand and bending their knee walking to the wall, stretching.

The children then start their boxing activities, taught by coach to one two three power punch. They practise this with coaches and SWIS workers for a time before returning back to the mat.

Finally, they practise their grapple and flip, they do this in pairs and take turns to get their positions right.

It is better to do slow motion to get the technical part right before doing it.



SCHOOL COMMUNICATION





